

ORIGINAL PAPER

Influence of Socioeconomic Factors and Family Social Support on Smoking and Alcohol Use among Health School Students

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ABSTRACT

Background: Substance dependence is a global problem threatening individuals and communities alike by negatively influencing public health and social cohesion.

Objective: The aim of this study was to investigate the influence of socioeconomic factors and family social support on substance use and/or dependence among health school students.

Results: A significant difference was found between student substance users and nonusers in terms of age, grade level, educational level and vocational status of the student's mother and father, and substance use among family members ($p < 0.05$). On the other hand, it was determined that there was no influence of departments of the students, receiving any training on substance use, perceived family social support, and educational level of the student's father on the substance use ($p > 0.05$).

Conclusion: The findings of our study suggest that family social support is an important determinant of students' substance use and therefore families need to be aware of the consequences of such behaviors. Trainings on overcoming the stress and information about use and/or abuse of substances should be given to the first-grade students in Samsun Health School to prevent the onset of substance use, and the frequency of such training sessions should be increased especially at the fourth grade.

Key Words: Substance dependence, nursing students, social support, tobacco