

Original Article

Caring Behavior Exhibited by Taiwanese Nurses

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Abstract

Background: Nursing is a caring profession involving commitment and dedication to meeting the satisfaction of human needs. Current research, conducted mainly with a quantitative design, highlights the caring experienced by nurses. Therefore, it is vital to explore nurses' caring perceptions with a qualitative method and its implementation in a clinical context.

Aim: This study presents caring behavior exhibited by Taiwanese nurses.

Methodology: A qualitative study was adopted. Using a semi-structured interview guide, we asked participants to describe their perceptions of caring behaviors in clinical situations. Total of 58 participants were recruited in this study. Twelve focus groups were conducted in the study. Thematic analysis was used to analyze the data.

Results: Nurses' perceptions of caring behaviors were classified into five themes: inspiring hope in patients; providing physical comfort; having skillful techniques and possess professional knowledge; having patience; and respecting patients' culture.

Conclusions: The findings of this study contribute to the discourse on the caring behaviors of Taiwanese nurses and indicate that the nursing curriculum should incorporate the concepts of caring behaviors that embrace diverse cultures to achieve holistic patient care.

Keywords: Caring behavior, cultural caring, nursing care, qualitative study.