Renal Patients’ Quality of Life as it is Affected by Pain

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Abstract

Quality of Life (QoL) is a complex multidimensional concept which is affected by various factors and is affecting various parts of a person’s life. Chronic Kidney Disease patients have a high disease burden that has impact on psychological, physical and social aspects of their life and the QoL overall. Pain, a common symptom of renal disease, is evident in a patient’s life and it could be clinically inflicted or caused by the primary disease and its complications or comorbidities. Pain is affecting everyday life and daily routine and if left untreated it could result in lower QoL. Renal healthcare professionals are providing emotional, social and spiritual support to their patients, alongside with managing the medical issues of the disease, ensuring higher QoL.

Key words: Chronic Kidney Disease, Quality of Life, Psychological Support