

Abstract

Review Article

A Recent View and Evidence-Based Approach to Oral Care of Intensive Care Patient

Dikmen Yurdanur, RN, PhD

Associate Professor, Sakarya University School of Health Department of Nursing, Sakarya, Turkey

Filiz Nasibe Yagmur, RN

Researcher Assistant, Sakarya University School of Health Department of Nursing, Sakarya, Turkey

Correspondence: Dikmen Yurdanur, Associate Professor, Sakarya University School of Health Department of Nursing, Sakarya, Turkey E mail: nurdem.35@gmail.com

Abstract

Stratified epithelium cells beyond from lips to oropharynx of intensive care patients can be damaged easily because of inadequate perfusion, and insufficient fluid and food intake, and toxicity of medicine. Therefore, providing and maintenance of oral care is vital for intensive care patients in order to avoid the emerging changes in oral mucosa and oral problems which caused by insufficient oral care and ventilator-associated pneumonia (VAP). The aim of this work is ensuring critical thinking of nurses by highlighting importance of oral care of intensive care patients and the points to be considered for providing and maintenance of oral mucosa and evidence-based approaches which can be applied to oral care methods for intensive care patients.

Key Words: Oral Care, Intensive Care Patients, Evidence-Based Approach