Abstract

Case Study

Nursing Care of the Patient after Breast Conserving Surgery According to Life Model: A Case Study

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Abstract

Background: Providing systematic and holistic nursing care to the surgical patient improves patient outcomes and patient satisfaction.

Aim: The aim of this case study was to determine the effectiveness of using the Life Model in a patient who had breast conserving surgery.

Method: Data were collected according to Roper, Logan and Tierney’s Life Model under 12 headings. Nursing care was planned and implemented according to Life Model.

Results. Anxiety due to planned surgery, acute pain due to surgical trauma, risk for bleeding, impairment in nutrition: less than body requirements, risk for hypothermia, activity intolerance, social isolation, risk for loneliness, knowledge deficit and fear of dying are the nursing diagnoses determined according to NANDA classification.

Conclusion: Roper, Logan and Tierney’s Life Model is an effective approach in providing systematic and effective nursing care for the surgical patients.

Key words: Roper, Logan and Tierney's Life Model, nursing care and case study.