

Abstract

Original Article

Effect of the Contraceptive Methods on Female Sexual Function

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Abstract

Background: Different contraceptive methods have different effects on the sexual lives of couples/individuals.

Objective: This research was designed in order to determine the effect of the contraceptive methods on female sexual function.

Methods: The study which is planned as a diagnostic type is realized following the permission of the ethical board commission of in a university hospital in Istanbul. The population of the study is formed of women of 18 years old and older who applied to the between January and July 2011. The sample of the study is formed through the nonprobability sampling method from the women who didn't have a psychiatric disease, mental retardation and who were sexually active and agreed to join the study (n=479). As research instruments, an interview form and Female Sexual Function Index (FSFI) that evaluated sexual dysfunction were used.

Results: It is determined that the women who use intra uterine device (IUD) as a contraceptive method have significantly lower FSFI subscale scores of desire average in comparison to the women who use contraceptives. In this study was determined that they still use the withdrawal method as a traditional contraceptive method no negatively affects sexual life in women.

Conclusions: It is determined that some of modern contraceptive methods partly negative effects on sexual life in women.

Key words: Contraceptive method; Health; Sexuality; Women