

Case Study

Integrating Nursing Theory and Process into Practice: Virginia's Henderson Need Theory

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Abstract

Introduction: The application of nursing theories into clinical practice varies from context to context. But addressing the needs of patient is crucial in providing quality care, across the globe. There is hardly any local literature regarding theory application into practice in our setting.

Aim: The aim of the paper is to elaborate the application of nursing theory into clinical setting for deliverance of nursing care and to address gap between theory and practice in Pakistani context.

Methodology: This document illustrates a case study integrating Virginia Henderson's need theory and nursing theory process.

Conclusion: This paper is an example of theory based nursing care that can enhance the human health. Virginia Henderson's need theory is considered close to realism and is applicable in Pakistani context. Therefore, it will enable nurses to improve the standard of caring by assessing patient needs and developing a pragmatic plan of care.

Keywords: Client assistance, clinical practice, health promotion, Henderson's need theory, nursing theory process, theory -practice gap