Identifying the Level of Nursing Students’ Attention to Ergonomic Rules in Clinics

Halise Coskun, RN, PhD  
Assist. Professor, Gulhane Military Medical Academy, School of Nursing, Ankara, Turkey

Vesile Unver, RN, PhD  
Assoc. Professor, Gulhane Military Medical Academy, School of Nursing, Ankara, Turkey

Emine Yigun, RN, PhD  
Assoc. Professor, Gulhane Military Medical Academy, School of Nursing, Ankara, Turkey

Correspondence: Halise Coskun, Gülhane Military Medical Academy, School of Nursing  
Etlik 06010, Ankara, Turkey e-mail: hcoskun@gata.edu.tr

Abstract

Background: All health professionals come face-to-face with biological, chemical, physical, environmental, psycho-social and biomechanic risks in the hospital environment.

Objective: This study was performed to determine the importance that nursing students attribute to ergonomic rules in clinics.

Methods: This study is a descriptive study examining a population of fourth year nursing students. Data were acquired using an informational form prepared according to the information in the literature.

Results: The most important ergonomic rules to nursing students were related to the prevention of infections, while only moderate importance was attached to the other ergonomic rules.

Conclusion: We believe that continuing education about this subject after graduation would be useful. Nursing students still need to understand the importance of ergonomic rules and the ways in which certain behaviors increase their risks of injury.

Keywords: Nursing students, Ergonomic rules, Clinics