

Abstract

Original Article

Ageism Attitude towards Elderly: Young Perspective

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Abstract

Aim: To determine young peoples' attitudes towards ageism.

Methods: Cross-sectional descriptive design study, conducted with 78 community-dwelling young people (aged 18–25 years). Socio-demographic questionnaire and Ageism Attitude Scale (three subscales, high scores indicating positive attitude, max.115) were used for data collection.

Results: Mean score of Ageism Attitude Scale was 81.5 ± 8.9 indicating that young people's attitudes towards aging and ageism were positive. Young unmarried people had significantly higher scores than young married people. Scores of young people planning to live with their parents when they get older were higher than those who did not plan to live with any older adults ($p < 0.05$).

Conclusion: Programs focusing children education about aging and elderly needs to be developed to sustain positive attitudes towards the elderly and aging.

Keywords: Aged, ageism, attitude, nursing, young people, cross-sectional study