

Abstract

Original Article

## How Nurses Experience their Profession and their Relationship With the Patients? A Qualitative Analysis

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### Abstract

**Background:** The nursing dealing with people essentially refers to issues about people, giving great importance to moral and ethical issues.

**Objective:** The purpose of this study was to investigate the way nurses experience their profession in relation to their patients.

**Methodology:** The methodology of the study was based on the collection of primary and secondary data. The secondary data were collected through books, journal articles, and through official websites relating to the writing of the theoretical part of the study that addresses the role of nurses and nursing ethics toward patients. The primary data were collected by conducting a primary research using as a basic tool the interview.

**Results:** The key findings of the research showed that most respondents experience their profession as a social contribution, which fills them emotionally as humans. However, the respondents reported that they also experience mental and physical exhaustion, due to difficult circumstances and the working hours. To all patients, finally, regardless of whether they are rude or not, respondents behave with politeness and formality.

**Conclusions:** The nursing profession should be characterized by morality and knowledge, by a sense of belonging and engagement with the profession as a lifestyle.

**Key Words:** Nurses, patients, profession, relationship