

## ORIGINAL PAPER

**Assessing Healthcare Associated Infections and Hand Hygiene Perceptions amongst Healthcare Professionals****Tan, Amil Kusain Jr., BSN, MSN, RN**

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**Correspondence:** Tan, Amil Kusain Jr., AMI Saudi Arabia Ltd., P.O.Box 2824, Jeddah 21461, Kingdom of Saudi Arabia Email: amilkusainjr.tan@yahoo.com**Abstract**

Health care associated infection is associated with increase morbidity, mortality, prolonged hospital stay, increased health care costs, and antibiotic resistance in both acute and long term care facilities. Hand hygiene, such as hand washing and hand rub, has been the cornerstone of infection prevention and control measures in reducing HCAs. The aim of the study is to assess the perception towards hand hygiene amongst healthcare professionals such as doctors and nurses in the Ministry of Interior Security hospital, Saudi Arabia. A descriptive survey using a modified World Health Organization (revised 2009) questionnaire was used to gather data. A total of 87 respondents participated in the study. Results showed that respondents (27.6%) are aware that health care associated infection has an impact on patient outcome ( $X^2= 46.5$ ;  $p < 0.05$ ), hospitalized patient will likely develop HCAs ( $X^2= 50.4$ ;  $p < 0.05$ ), and hand hygiene remains to be the single and most effective method against HCAs ( $X^2= 52.2$ ;  $p < 0.05$ ). Respondents reported a high self-efficacy ( $X^2= 127.3$ ;  $p < 0.05$ ) in performing hand hygiene. Organizational factors such as staff engagement, commitment of the department heads and leadership are perceived to be significant in promoting hand hygiene practices. Strategies such as provision of access to hand hygiene facilities, guidelines, education and training, positive role modeling are effective. In conclusion, the findings suggest that health care workers have a high level of awareness about health care associated infections and the importance of hand hygiene. Furthermore, assessment of knowledge thru self-report is not enough to determine compliance of hand hygiene practices. Observational studies are recommended.

**Keywords:** Health Care Associated Infection, Hand Hygiene, Nurses, Survey, Questionnaire.