Maintaining the Identity and Self-Worth in Patients With Severe Illness or Injury

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Abstract

Severe illness and injury can change many aspects of people. For this reason, one of the biggest challenges faced by patients is the preservation of their identity. The loss of independence and self-service failure is likely to lead to passivity and depression. Patients should make the necessary adjustments in order to maintain self-esteem and to optimize their functionality despite the injuries suffered. Social support, health professionals, family and work encourage this change.

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