REVIEW PAPER:

The Importance of Nurses Hand Hygiene

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Abstract

Introduction: Nurses are aware of the rationale for hand hygiene procedures. Nurses represent a large working group that performs the greatest amount of direct patient care in Health Services. Hand hygiene is one of the most effective measures to prevent hospital acquired infections.

Aim: to point out the importance of nurses’ hand hygiene

Method: a review of articles with key words “hand, hygiene, hand, contamination, nurse, and guideline”.

Results: Infectious diseases are a particular risk to the very young, the elderly, those with a pre-existing disease, and people with a compromised immune system. Nurses washing their hands not only prevent them from getting sick, but it also reduces the risk of infecting others.

Key Words: hand hygiene; hand contamination; health care-associated infection